

中國少林武藝中心

# CHINESE SHAO-LIN CENTER



Open to: All CSC-Raleigh Students

Tuesday, Jan. 16<sup>th</sup>, 2024

7:15 to 9:15 PM

## Down & Ground Fighting

*SWEEPS, THROWS, TAKEDOWNS!*

**1<sup>st</sup> TIME FEE - \$40**

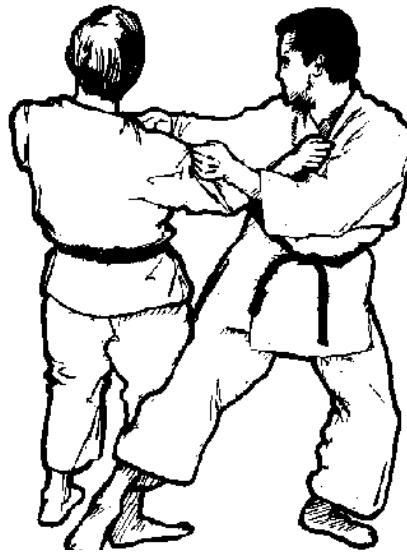
**Repeat Attendance – Free!**

Must have active membership to participate.



**RECOMMENDED:**

- Shin-instep pads
- Knee Pads
- Forearm Pads



**NOTE:** This material may not be taught between students. This material may not be shown, demonstrated, nor reproduced in any manner, by any student.

少林

THE  
Devastating  
Techniques  
of the  
Shao-Lin  
Masters!

功夫

**PLEASE SIGN UP AND PAY FEE TO INSTRUCTOR**

– not liable for personal injury –

AM MO SEYAM



5<sup>th</sup> Degree Black Belt Instructor

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Cary, NC 27511

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[www.shaolinNC.com](http://www.shaolinNC.com)