中國少林武藝中心

CHINESE SHAO-UN CENTER

Open To: All CSC-Raleigh Students



Hua To 5 Animal Dead Begins Saturday, March 9th, 2024

1:45 - 2:30 pm, For 8 Weeks! To be held @ CSC School

1st Time Fee - \$50

Repeat Attendance - Free! Must have active Tai Chi, Kung Fu, and or Wooden Man membership to participate





25 Chi Kung Postures!

Required Reading: CSC Student Manual Pages 3-12 thru 3-14 Pages 5-19 thru 5-20





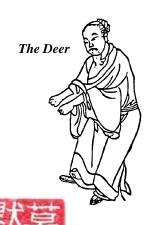
This classical method of Chi Kung training is taught only once every 2 years!

PLEASE SIGN UP AND PAY FEE TO INSTRUCTORS

- not liable for personal injury -Attire: Complete Uniform w/all Patches!

1333 Buck Jones Rd. Cary, NC 27511 919-283-MONK (919-283-6665) www.shaolinNC.com

NOTE: This material may not be taught between students. This material may not be shown, demonstrated. nor reproduced in any manner, by any student.



AM Mo Seyam 5th Degree **Black Belt**