

中國少林武藝中心

CHINESE SHAO-LIN CENTER

Open To: All CSC-Raleigh Students

# Hua To 5 Animal Dead

Begins Saturday, March 9<sup>th</sup>, 2024

1:45 – 2:30 pm, For 8 Weeks!

To be held @ CSC School

**1<sup>st</sup> Time Fee - \$50**

**Repeat Attendance – Free!**

*Must have active Tai Chi, Kung Fu, and or Wooden Man membership to participate*



*The Monkey*



*The Tiger*



*The Crane*

## 25 Chi Kung Postures!

Required Reading:  
CSC Student Manual  
Pages 3-12 thru 3-14  
Pages 5-19 thru 5-20



**This classical method of  
Chi Kung training is taught  
only once every 2 years!**

**NOTE:** This material may not be taught between students. This material may not be shown, demonstrated, nor reproduced in any manner, by any student.



*The Bear*



*The Deer*

**PLEASE SIGN UP AND PAY FEE TO INSTRUCTORS**

*– not liable for personal injury –*

**Attire: Complete Uniform w/all Patches!**

1333 Buck Jones Rd.

Cary, NC 27511

919-283-MONK (919-283-6665)

[www.shaolinNC.com](http://www.shaolinNC.com)



**AM Mo Seyam**

**5<sup>th</sup> Degree**

**Black Belt**