

中國少林武藝中心

CHINESE SHAO-LIN CENTER

Open to: All CSC-Raleigh Students

Hua To 5

Animal Live

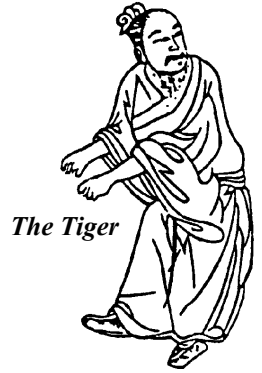
Begins Saturday, May 2nd, 1:45 to 2:30 pm

For 4 weeks!

To be held @ CSC School



The Monkey



The Tiger

CLASS FEE - \$50

REPEAT ATTENDANCE - Free!

Must have active membership to participate.



The Crane

18 Chi Kung Postures!

Required Reading:
CSC Student Manual
Pages 3-12 thru 3-14
Pages 5-19 thru 5-21

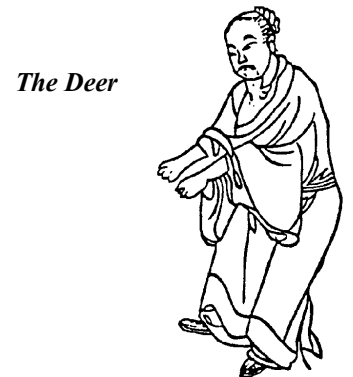


NOTE: This material may not be taught between students. This material may not be shown, demonstrated, nor reproduced in any manner, by any student.



The Bear

This classical method of Chi Kung training is taught only once every year!



The Deer

PLEASE SIGN UP AND PAY FEE TO INSTRUCTORS

– not liable for personal injury –

Attire: Complete Uniform w/all Patches!

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Master Mo Seyam
6th Degree Black Belt