

中國少林武藝中心

# 12<sup>th</sup> Annual Sr. Elder Master Visit

**OPEN To: All CSC Students**

## -Je Lu Shuang Pi Sou Chien-

1<sup>st</sup> Road of the Shao-Lin Double Daggers

1<sup>st</sup> Time Fee

\$100

Repeat Attendance

\$50

PLEASE SIGN UP AND  
PAY FEE TO  
INSTRUCTORS

– not liable for personal  
injury –



**Purchase your  
Double Daggers  
while  
supplies  
last!**

*By Wednesday, February 28<sup>th</sup>, 2024*

**Complete History and Background Questions**

*Wednesday, March 27<sup>th</sup>, 2024*

**Tai Chi/Wooden Man/Lower Belt/Brown Belt Pretest**

**6:30-9:30 pm**

*Saturday, April 6<sup>th</sup>, 2024*

**Tai Chi/Wooden Man/Lower Belt/Brown Belt Test**

**Black Belt Pretest**

**11am-3pm**

**1<sup>st</sup> Road of Double Daggers**

**3pm-6pm**

1333 Buck Jones Rd.,  
Cary NC 27511  
919-283-MONK  
(919-283-6665)  
[www.shaolinNC.com](http://www.shaolinNC.com)

NOTE: This form may  
not be taught between  
students. This form  
may not be shown,  
demonstrated, or  
reproduced in any  
manner, by any  
student.

中國少林武藝中心  
CHINESE SHAO-LIN CENTER

少 林

## Brown Belt Test Requirements

### Forms:

Chie Chi'en (Connecting Fist)  
Pai Hao Chuan Tse (White Crane Circles the Wings)  
Pai Hao Huan Tse (White Crane Flips the Wings)  
Pai Hao Huan Chiao (White Crane Flips the Legs)  
Ching Kang Fu Hu Ch'ien (Tiger Descend the Golden Mountain)  
Hai Loong Chang (Sea Dragon Cane)  
Se Mien Pa Fang Kuen (4 Faces, 8 Directions Single Ended Staff)  
Kwan Kung Tao (Kwan Kung's Long Knife)  
Yeh Ch'ang Pa Fang Tao (8 Direction Night Battle Broadsword)  
Luo Tien (Descends from Heaven)  
Ch'an Ie (Spread the Wings)  
Yen He' (Performing Swallow)  
Lien Wu Chang (5 Directional Whirling Palm)  
T'ie Cha (Iron Ruler)

### 3<sup>rd</sup> Degree Brown Belt to 2<sup>nd</sup> Degree Brown Belt (\$60):

Any 4 of the Above Forms + San He Chien (stance)  
Written Questions 1-40 Memorized

### 2<sup>nd</sup> Degree Brown Belt to 1<sup>st</sup> Degree Brown Belt (\$75)

Any 9 of the Above Forms + San He Chien (stance, arms, and legs)  
Written Questions 41-80 Memorized

### 1<sup>st</sup> Degree Brown Belt to 1<sup>st</sup> Degree Black Belt (\$100)

All of the Above Forms + San He Chien (stance, arms, legs, chest, abdomen, back, and throat)  
Er Chie Kuen (Single Nunchaku Form)  
Tien Ta Shuang Er Chie Kuen (Double Nunchaku Form)  
Pang vs. Pang (2-Person Staff Set)  
Wooden Man Part 1  
Written Questions 1-80 Memorized

### Other Requirements to 1<sup>st</sup> Degree Black Belt:

Yin/Yang Stretching and Conditioning (taken once)  
I Chin Ching (taken once)  
Weapons Defense (taken once)  
Down and Ground (taken once)  
Technical Punch and Kick (taken once)  
Hou Tien Chi (taken once)